

# How has the word epicurean come to mean excess?

Post by "Eikadistes" of May 13, 2023 at 9:45 AM

[Quote from Nate](#)

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But, to reiterate: **Christianity** is the biggest reason.

Actually, I take that back.

The biggest culprit in the modern era (*because your average American can't be expected to employ historical terminology like "Epicureanism"*) are restaurateurs, who have changed the definition to mean "**foodie**".

I think at this point it's not a matter of criticism as much as a complete re-definition of the word.