

What Practical Advice Can You Give To Someone Who Wants To Implement Epicurean Principles As Quickly As Possible?

Post by “bradley.whitley” of March 7, 2019 at 11:32 AM

Very Helpful.

In trying to live unknown, I am minimizing my time at Social media sites, and I have unplugged from politics. I have discovered I find much pleasure in eating a simple apple, and smelling the fresh air. I also find much joy in animals. Even my marriage has become a pleasure. I hope to continue to learn more from this.