

Episode 171 - "Epicurus And His Philosophy" Part 24 - Chapter 11 - Soul, Sensation, and Mind 01

Post by "Kalosyni" of April 23, 2023 at 9:38 PM

I just found this, and it brings up newest science of understanding how the brain is the source of the mind and soul:

Quote

Researchers have discovered a connection between the brain areas controlling movement and those involved in thinking, planning, and involuntary bodily functions like blood pressure and heartbeat. **The findings suggest a literal linkage between body and mind in the brain's structure. Researchers named this newly identified network the Somato-Cognitive Action Network (SCAN).** This study may help explain phenomena such as anxiety-induced pacing, the effects of vagus nerve stimulation on depression, and the positive outlook reported by regular exercisers.

Source: <https://scitechdaily.com/hidden-linkage...ilt-into-brain/>

And also another article:

Quote

"Modern neuroscience does not include any kind of mind-body dualism. It's not compatible with being a serious neuroscientist nowadays. I'm not a philosopher, but one succinct statement I like is saying, 'The mind is what the brain does.' The sum of the bio-computational functions of the brain makes up 'the mind,'" said study senior author Nico Dosenbach, a neurology professor at Washington University School of Medicine.

Source: <https://www.reuters.com/lifestyle/scie...ain-2023-04-19/>