

Response to Daily Stoic Comparison of Epicurus vs the Stoics

Post by “Little Rocker” of April 21, 2023 at 6:35 PM

[Quote from Cassius](#)

Epicurus focused on PLEASURE as the guide of life. Eudaimonia and flourishing are terms associated with Aristotle and other Greeks, not the Epicurean perspective.

I guess I think Epicurus intended to position himself within the long-standing dispute about the nature of happiness rather than outside it. So when he says early in the Letter to Menoeceus, 'Therefore, one must practice the things which produce happiness, since if that is present we have everything and if it is absent we do everything in order to have it,' he uses *eudaimonia*. But I totally agree he thinks eudaimonia consists in pleasure.