

# Seven Steps With Epicurus - A Slide Presentation

Post by “Don” of April 6, 2023 at 8:34 AM

[Quote from Cassius](#)

so at least five years - maybe more (?)

Zeno was about 7 years younger than Epicurus.

The significance of the timeline is that Epicurus was establishing a mature school in his own property six years before Zeno even began teaching in the Stoa.

Wikipedia:

Apart from Crates, Zeno studied under the philosophers of the Megarian school, including Stilpo, and the dialecticians Diodorus Cronus, and Philo. He is also said to have studied Platonist philosophy under the direction of Xenocrates, and Polemo.

Summary: I would characterize Epicureanism and Stoicism as siblings, with the former being the older one and with all the stereotypical sibling rivalry that goes along with that metaphor. The siblings are not close.