

An Epicurean Understanding of Valentine's Day: Love, Romance, and Free-will

Post by "Root304" of March 25, 2023 at 5:47 PM

I realize it's well past Valentine's Day, but I didn't really celebrate it this year as I did something alternative to that instead.

This year for my partner's birthday in January, I just decided to dedicate the whole first half of the month just to her on a whim and do something spontaneous for her every day for the first 19 days leading up to her birthday. I did everything I had ever thought about but lacked the time, nerves, or gumption to just do it. I wrote love letters, poems, gave gifts, set up elaborate dates, scrambling to come up with something everyday was a challenge but was a wonderful exercise. It was a fantastic start of the year to clear out all those thoughts and intentions from the previous 2 decades, and it was a good show for kids who now like to "declare" certain days for a member of the family or a friend, or some whimsical holiday.