

John Sellars The Pocket Epicurean (US) / The Fourfold Remedy (UK)

Post by “Kguilfoy” of March 5, 2023 at 10:03 AM

John Sellars usually writes about Stoicism but he has a new book about Epicureanism. I think it is supposed to be a companion to his "The Pocket Stoic (US)/ Lessons in Stoicism (UK)"

I just ordered a copy. I'll check back in after I read it. John's books on Stoicism are very good, so I have hope.

[Amazon link](#)