

Retirement Wisdom podcast with Emily Austin

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[Living for Pleasure - Emily Austin, PhD](#)

Retire happy. Live the good life by living with more joy now. Emily Austin discusses her book Living with Pleasure on Epicurean philosophy.

www.retirementwisdom.com



Wasn't sure if we had posted this yet. Another approachable, friendly exposition of Epicureanism and its application to our lives... Now and in retirement.