

What is the future of friendship? (Some random thoughts prompted by ChatGPT)

Post by "Don" of February 20, 2023 at 7:09 PM

Insightful comments from everyone. Thanks for engaging!!

Let me say that I'm willing to concede that we probably should - to use a Philodemus phrase - feel the bite of anxiety when it is appropriate. Maybe such as at a particular unexpected event like the tornado. I could see feeling "anxious" about that. But we shouldn't let the bite linger unnecessarily or overwhelm us! My position (to offer some concessions and compromises in light of this discussion) is due to my interpreting "anxiety" as "chronic worry or dread with no action resulting from the mental disturbance." So, what some of you are putting under the heading of anxiety, I'd probably - rightly or wrongly - pick another word to describe that emotion.

Additionally, I do think Epicurus calls us to rid ourselves of anxiety in certain things: punishment after death, wrath of the gods, etc., etc. We should eradicate those beliefs and feel no anxiety about those.

[Quote from Kalosyni](#)

we will need to ask ourselves "Is this a healthy worry or an unhealthy worry?"

Well put.