

What is the future of friendship? (Some random thoughts prompted by ChatGPT)

Post by "Kalosyni" of February 20, 2023 at 2:50 PM

[Quote from Don](#)

If I see a tornado in the distance, having anxiety about it doesn't help me or anyone around me.

Here is an actual problem: I have a type of mole that I should go in to a dermatologist to make sure it isn't cancer. But I wonder why I keep procrastinating. I ought be more worried. So here is an example of how there can be healthy anxiety/worry. This discussion makes me realize that I need to stop telling myself there is nothing to worry about. I am going make an appointment this week.

[Quote from Little Rocker](#)

Which brings me to the question about anxiety in the Epicurean life. That's not an issue we can settle, though we benefit from continuing to discuss it, but I tend to split the difference between Don and Cassius.

Yes, I was thinking that "split the difference between Don and Cassius" also. And then we will need to ask ourselves "Is this a healthy worry or an unhealthy worry?" and also "should I be worrying more than I am?"