

# Welcome Randall Moose

Post by “Randall Moose” of February 19, 2023 at 11:12 AM

Salvete,

I've been a lurker here for a while, I was introduced to Epicurus in **Happiness: a philosopher's guide** by Lenoir, Frédéric in 2017. Long story short, studying Epicurus has helped me deal many childhood abuses and continues to help me today.

I look forward to, hopefully, engaging with y'all.