

The Fun Habit by Mike Rucker

Post by "Pacatus" of February 18, 2023 at 7:11 PM

[Quote from Don](#)

Epicurus is not mentioned in Rucker's book, although I find his text even more Epicurean than "The Art of Frugal Hedonism."

Am reminded of the early post-apostolic Christian Justin Martyr: "Those, therefore, who lived according to reason (logos) were really Christians, even though they were thought to be atheists, such as, among the Greeks, Socrates, Heraclitus and others like them."

Well, I wouldn't want to push that too far, but still:

"What's in a name? [That which we call a rose](#)

By any other name would smell as sweet."

(William Shakespeare, *Romeo and Juliet*)