

The Art of Frugal Hedonism

Post by "Kalosyni" of February 17, 2023 at 1:03 PM

[Quote from Nate](#)

I want to **force** the **other** "Hedonists" to defend their "brand" of Hedonism with apologetic adjectives, like, "Unrestrained Hedonism", or "YOLO Hedonism".

Looked up "YOLO" -- On Urban Dictionary, scroll down as you read a few of the entries, cause it is kind of funny:

[Urban Dictionary: Yolo](#)

Yolo means, 'You Only Live Once'.

www.urbandictionary.com

Thing is...that if "you only live once", then you shouldn't screw it up, and so this points to incorrect thinking regarding the best way to pursue pleasure -- and a disregard for the future and the long-term outcome.

Thinking of phrases...perhaps...Epicureanism = "Best Life Hedonism"