

# Confidence in Katastematic Pleasure

Post by “Don” of February 11, 2023 at 6:24 PM

[Quote from Cassius](#)

a particular text does demand the "EASY"

Easy is due to the eu- prefix on the verbs in lines 3 & 4 of the Tetrpharmakos.

Take a look at the LSJ definitions for a number of words in ancient Greek that begin eu-. Many have the connotation of easy, easily, without effort, honestly, etc.