

# Confidence in Katastematic Pleasure

Post by “Don” of February 11, 2023 at 12:31 AM

The description of kinetic and katastematic from *The Faith of Epicurus* by Benjamin Farrington (1967) is spot on from my perspective:

Quote from Farrington, p. 132

" 'pleasure' may be either kinetic (i.e., produced by a stimulus from without) or katastematic (i.e., a state of the organism created by itself without external stimulus)."

I posted a [screenshot of this page on a prior thread](#).