

Five Doses That Trump Four Every Time - The "Five-Part Cure"

Post by "Cassius" of February 9, 2023 at 11:43 AM

So a better choice of words for 2 (firmness might work too, but steadfastness works):

1. Set as your goal that of living in the continuous enjoyment of numerous and vivid pleasures alike of body and of mind, undisturbed either by the presence or by the prospect of pain
2. Work to possess steadfastness of mind,
3. Work to understand that death means complete unconsciousness,
4. Work to understand that pain is generally light if long and short if strong, so that its intensity is compensated by brief duration and its continuance by diminishing severity.
5. Work to possess no dread of any supernatural power;
6. Work to never suffer the pleasures of the past to fade away, but constantly renew their enjoyment in recollection.