

Five Doses That Trump Four Every Time - The "Five-Part Cure"

Post by "Don" of February 9, 2023 at 11:36 AM

[Quote from waterholic](#)

[Quote from Cassius](#)

Work to possess strength of mind,

Great list, like very much the six, except the "strength of mind". I don't understand why, but it "sounds stoic".

I would prefer something like "steadfastness, stability, constancy." Firmitatem is related to "firmament" i.e., the fixed/stable dome of the stars and celestial bodies above the earth in some ancient mythologies.