

Five Doses That Trump Four Every Time - The "Five-Part Cure"

Post by "Cassius" of February 9, 2023 at 10:03 AM

If we wanted to stick to four, that's easily done as well:

1. Set as your goal that of living in the continuous enjoyment of numerous and vivid pleasures alike of body and of mind, undisturbed either by the presence or by the prospect of pain
2. Work to possess a strength of mind that is proof against all fear of death or of pain by understanding that death means complete unconsciousness, and pain is generally light if long and short if strong, so that its intensity is compensated by brief duration and its continuance by diminishing severity.
3. Work to possess no dread of any supernatural power;
4. Work to never suffer the pleasures of the past to fade away, but constantly renew their enjoyment in recollection.