

# Is pleasure as the natural goal of life falsifiable?

**Post by “Little Rocker” of February 5, 2023 at 4:18 PM**

Late to this conversation, but there do seem to be some people who try to argue that psychological hedonism is empirically falsifiable by establishing empirically that altruism is possible (with the buried assumption that if possible, altruism is good and recommended). I have been as yet unconvinced, but the main people trying to establish this from a psychological perspective are Daniel Batson and (more recently) [Paul Bloom](#). In the Philosophy Bites interview with Bloom, the blunt British hosts sort of reassert that it's not falsifiable.