

"Next Big Idea" Podcast Interviews Emily Austin

Post by "Don" of January 26, 2023 at 10:23 PM

[Quote from Cassius](#)

Epicurus owned two cloaks

I saw this all over the internet, but no source.

- Seneca, in letter 87, talks about having two cloaks: one as a spread, one as a cover.
- Eupolis calls the sophists "parasites" because they had two cloaks to choose from when they visited the agora. (in *Flatterers*, fragment 159)
- Juvenal in Satire 13, talks about the Cynics having two cloaks; the Stoics, one.

I have no idea where Epicurus only having two cloaks comes from.

[Quote from Cassius](#)

subsisted mostly on bread and olives

Mostly from same Internet searches... But at least he's eating bread, olives, water, and cheese.

PS: I would like to say this is a minor point. It's right off the bat so it stands out, but it's not a make or break because it seems having just two cloaks in ancient Greece wasn't that big of a deal. It's like "bread and water" being the quintessential daily meal and not some sort of "spartan" ascetic practice.

PPS. Still about 14 minutes to go in the podcast episode but so far 👍 👍 SO refreshing to hear such positive conversation on a mainstream podcast of Epicureanism and Epicurus! Can't wait to finish.... But it's late so I'll leave that till morning.