

Second Edition of Haris Dimitriadis' "Epicurus And the Pleasant Life" Now Released

Post by "Onenski" of January 11, 2023 at 11:27 PM

[Quote from Kalosyni](#)

and yet when it says "When we have someone reassure us then we can live like Epicurus" then I feel a little hesitant because to me it seems that so much of the Epicurean philosophy is about using the power of your own mind to understand the true nature of things, so we don't depend on someone reassuring us

I think epicureans can accept, more easily than a stoic, that we depend on others. That's why Epicurus insists so much on the importance of a community of reliable friends. At least that's what I've observed in Emily Austin's interpretation in *Living for pleasure*, which I think is very reasonable. In some parts of the book, for example, she points out the role of friends in enjoying daily life (ch. 18) or facing adversity (including the death of loved ones) (ch. 15, 21). I guess the song takes the important role of friends in an epicurean life, but without explicitly say the word "friend". 😄