

New Christos Yapijakis Article: "The Philosophical Management of Stress"

Post by "Don" of January 8, 2023 at 11:00 AM

[Quote from Little Rocker](#)

But Cassius, surely it's more than simply my 'perspective' that Stoicism sucks! 😄 Isn't Stoicism, like, transcendently bad?!

😄 Yes! It is so refreshing to read that.

There **are** healthier ways of living than others, ways **more aligned** with "the way things are" than others.