

# New Audio Presentation By Emily Austin - Prepared for The "Next Big Idea" Podcast

Post by "Don" of January 5, 2023 at 11:04 PM

## [Quote from Cassius](#)

a new presentation by Emily Austin of several major points from her "Living for Pleasure" book

I just finished listening to The Next Big Idea audio, and 👍 👍 Yes! Yes! Yes!

The format only allows literally for "5 Big Ideas" and Dr. Austin nailed the presentation with a friendly tone, approachable language, and the best defense I think I've ever heard in a mainstream forum for the Epicurean position. Kudos!

Some may quibble with her use of responses to the COVID pandemic as "too political" but I disagree. She couches those within a "respect for science" framework which is spot on. There are charlatans peddling ignorance and there are scientists and experts.

She gives tranquility its proper place in the philosophy but not to the exclusion of "extravagant" pleasures. She never endorses a minimalist Epicureanism! I fully embrace and endorse her perspective on tranquility (i.e., "ataraxia" I'm assuming).

She gets in some good, well-deserved digs at the Stoics! It's about time in my opinion.

First rate... Now that I've heard her voice, I'd like her to do her own narration of an audiobook version 😊

Thank you for being an eloquent, down to earth spokesperson for Epicurus!