

# Welcome Plantpierogi!

**Post by "Cassius" of December 31, 2022 at 6:20 PM**

Thank you for introducing yourself! A large part of my recent thought revolves around how I am thinking that no matter how good the written resources, there is just no substitute for "personal" interaction with people of the same mindset. For the first few years when we started this site I was convinced that the key is finding and developing better written material, and of course I still see that as critical.

But no matter how good the book is, or how many scrolls are newly found at Herculaneum, what good are any of them if we don't internalize them and put them into practice? As Dewitt says in one of his lines, pleasure (and pain) have no meaning except to the living, and what we should be looking for is not some formulation that miraculously saves us like some kind of incantation. It seems to me the key is experiencing life to our best ability every minute, and Epicurean philosophy gives us the best approach toward understanding how to do that.

So thanks for mentioning that you have been lurking. I think (and hope) that there are probably a lot of people who do that, and it's good for you to be an example to others in posting.

Look forward to hearing more from you!