

# Happy New Year!

**Post by “Don” of December 31, 2022 at 5:02 PM**

*...we say pleasure is the foundation and fulfillment, the beginning and end (ἀρχὴν καὶ τέλος) of the blessed life.*

~ Epicurus, Letter to Menoikeus

May your old year end and your new one begin with pleasures, both great and small!

Happy New Year!