

# **Encouragement Toward Pleasure at the Holidays -- Share your thoughts and experiences**

**Post by "Faunus" of December 25, 2022 at 11:16 PM**

This Christmas after we ate and did present and people were just laughing and getting along when normally they are quite hateful, I felt very tranquil and even started falling sleep. Its wasnt the food or the presents it was just people allowing themselves to enjoy life. When I got back home I cleaned up and did some reorganization and packed some old stuff away. With as terrible of a year it has been for me I am ready for 2023, it is going to be the year of Epicurus for me.