

Perspectives On "Proving" That Pleasure is "The Good"

Post by "Don" of December 20, 2022 at 5:40 PM

[Quote from Todd](#)

I guess the fundamental problem I have is the idea that living things start good, and then get worse.

Oh, I don't necessarily think good/bad is the way to go. We as humans are observed (especially as children) to instinctively gravitate towards what gives us pleasure (in the widest sense) and to recoil from that which gives us pain. It's not good or bad. That's just what happens. As adults, we should learn - per Epicurus - how to do that skillfully to provide ourselves with a maximally pleasurable life. Some adults find other motivations and stop listening to their pain/pleasure guide.