

Perspectives On "Proving" That Pleasure is "The Good"

Post by "Todd" of December 19, 2022 at 4:34 PM

[Admin Edit: This thread was branched off after Todd's initial post in the discussion about [Emily Austin's "Living For Pleasure."](#)]

Another thing I liked, was her point about psychological hedonism. It's not that we *ought to* choose pleasure. It's that we *do* choose pleasure. We can't help it. We just tend to be bad at it, especially when we don't realize that's what we're doing, or we refuse to admit it.

The battle is half won! We don't need to *convince* people to pursue pleasure. We just need to help them realize they're already doing it, and show them how to do it better!

Full disclosure: I like that one because I tried to argue the same thing to Cassius several years ago when he was saying something pessimistic.