

Is the Natural and Necessary Question Objective or Subjective?

Post by “Kalosyni” of November 22, 2022 at 1:28 PM

On the topic of Positive Psychology, and this is different than Seligman (and much better imo) is this book: "Positivity" by Barbara Fedrickson:

[PositivityRatio.com - Home](https://positivityratio.com)

I own a copy, and need to reread it, to see if it has any "Epicurean" elements in it.