

# Ten (10) commandments

**Post by "Root304" of November 22, 2022 at 1:36 AM**

My kids are still quite young, but I just try to live an Epicurean life, talk about it whenever they bring up what I believe like it were any other belief system and trust they will pick it up through our house culture. When they start asking more directly about religion and philosophy later, it will be more understood why we used phrases like, "how do we ask more pleasantly?" when teaching etiquette growing up, whose that bust is that on the bookcase and when we make decisions during house meeting why we planned ways to have "the most pleaurable time" as we go about living and working.

As to the Holidays, I have them fairly often as they are fun to plan some kooky social game and/or group building ritual, and makes time stretch out longer. Doing something for Eikas which roughly falls near the Wheel of the Year holidays is a good way to celebrate with friends or to celebrate with just your family. The Atheopagan community has a few calendars built around the Wheel of the Year (solstices and equinoxes) on how to take these holidays and do something non-theist, non-supernatural with them if you can't get people to convene around Epicurean Philosophy every month, which was a problem I ran into. As I said I have fun coming up with, and allowing others to come up with, fun ceremonies or games to do, and sometimes they can be quite moving and brings our friend and family group together - almost like a religion.