

Is the Natural and Necessary Question Objective or Subjective?

Post by “Don” of November 21, 2022 at 7:10 PM

[Quote from Godfrey](#)

I was surprised to learn that he was heavily influenced by Aristotle.

I would be curious what Seligman attributes to Aristotle in the development of positive psychology.

[Quote from Godfrey](#)

Positive psychology appears to fall into the objective approach to happiness, which I found quite interesting at the time as I couldn't put my finger on what bothered me about it.

I'd be interested to hear more of your thoughts on that topic. I think positive psychology has some useful findings to share, but I'm sometimes skeptical of their data when it's from self-reported surveys.