

# Promising New Book ("Living For Pleasure") and Great New Article ("Are The Modern Stoics Really Epicurean?") Both By Emily Austin

Post by "Don" of November 19, 2022 at 9:07 AM

## [Quote from Cassius](#)

Don (or others) I wonder if there is a precedent for the "natural and necessary" classification in the writings of Plato or Aristotle such as you found for the bread and water discussion. If there is that might also place this in context.

## [Selected Fragments, by Epicurus](#)

### Quote

471] In the second chapter of the Nicomachean Ethics, Aristotle characterizes desires as groundless and trifling (κενήν καὶ ματαίαν) if they are not related to or subsumed under an overarching goal of life; in this fragment and in Fragment 442, Epicurus applies the same terms to certain kinds of desires.

Just a quick response for now.