

Epicurean substitute for prayer

Post by “Pacatus” of November 18, 2022 at 1:35 PM

[Quote from Kalosyni](#)

Oh this is great for a meal prayer!

And that gets me thinking about what might I like to compose for a meal prayer. 😊

Thank you so much. Yes, I think these things need to be individualized because we will all feel it a bit differently.

And I really like your prayer/meditation for self-guidance. 😊