

Ten (10) commandments

Post by “Kalosyni” of November 18, 2022 at 10:14 AM

[Quote from camotero](#)

Well, the motivation behind this is teaching a kid (who's not going to be raised in a religious context, but lives in a religious immediate-society, and that is expected to hear about the commandments sooner or later)

Also, you want to teach the virtues as a tool that leads to a happy life.

It will really depend on the age of the child. And also I think the main issues are about teaching not to steal or lie -- and how to teach choices and avoidances that will lead to a happy life and good relationships with people. Once a child has an understanding of others and self, then gradually increasing the complexity of the why to not steal or lie.

About stealing, there is a very good phrasing that Buddhists use in their precepts: To not take what is not given.

Also in addition to not lying, they add in to not spread gossip, and so there is the understanding that doing certain things tend to cause problems in the future (so to do them is to cause yourself trouble, in addition to the harm it causes others and the loss of trust that will result).

So the 10 commandments don't adequately teach these nuances.

But if you think of ways that people cause harm, then you get:

- 1) to refrain from killing or injuring
- 2) to refrain from lying or spreading gossip
- 3) to refrain from taking what is not given

Then add in both of these:

The Golden Rule: Treat others the way you would want to be treated

The Platinum Rule: Treat others as they would want you to treat them