

# Epicurean substitute for prayer

Post by "Don" of November 13, 2022 at 1:09 PM

[Quote from Pacatus](#)

with perhaps a mantra,



How about this:

No fear

No death

Feel good

Bear pain

That's **\*\*very\*\*** much an "of the top of my head."

As always, there's much more going on behind why I chose these lines here and in the above poem, but I'll jump down off my TetrapharmaBox for awhile now.