

# Epicurean substitute for prayer

Post by "Pacatus" of November 12, 2022 at 6:34 PM

Tetrapharmakos Prayer [a draft]

Unaffrighted by gods,  
unworried by death,  
with what is good easy-come  
and travails tranquilly borne,  
in your Garden we rest,  
by simple pleasures blest.

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This is a first pass. I am trying for short-syllable lines with some rhythm. One might use it with an image of Epicurus for meditation. Again, a first pass - till tomorrow! ☐