

# Epicurean substitute for prayer

Post by “Kalosyni” of November 12, 2022 at 3:21 PM

[Quote from camotero](#)

Regarding my original post, the winner was this:

“We are very thankful

We are very glad

For friends we meet

And food we eat

For home and mom and dad.”

Winner because my wife and kid loved it, and we prayed it together and no supernatural beings took part.

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Thank you [Mathitis Kipouros](#), I think this question you brought up and the result is very good (provided by [Don](#) in post 4). And this seems like a good prayer for children.

As adults, especially ones who were raised in church, it might be good to also create adult Epicurean prayers. And there are various reasons for prayer: for when there is anxiety regarding the uncertainty of the future, for when there are difficult challenges, or for when there is sadness or illness. And also there is giving thanks and gratitude, at meals, at bedtime, and when waking in the morning. And I think it would be a good thing to add here to this thread -- and I will see if I can come up with anything and post soon. And [Pacatus](#) and [Joshua](#) with your poetic abilities if you have any adult prayer ideas you can come up with, please add 😊