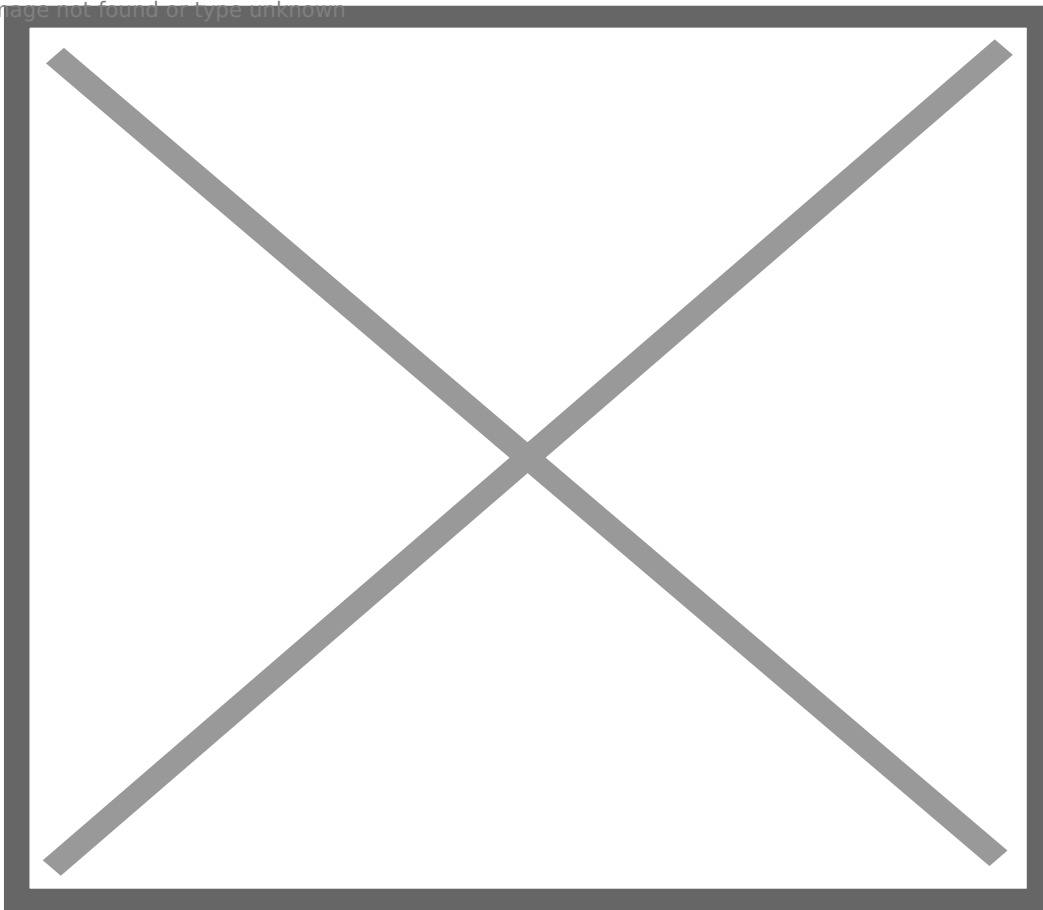


Episode One Hundred Forty-Seven - "Epicurus And His Philosophy" Part 03 - True Opinions And False Opinions About Epicurus

Post by "Kalosyni" of November 7, 2022 at 1:58 PM

Just pointing out that the "true opinions vs false opinions" is correcting what later writers said about Epicurus, and the some of the sources of those erroneous ideas can be found in the fragments:

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I would say this is "advanced level" Epicurean philosophy -- I don't think this is necessary, or even good for Epicurean newbies, because the basic philosophy needs to be understood first -- just my opinion.

I will post some rough notes soon (either tomorrow or Wednesday).

<https://www.epicureanfriends.com/thread/2727-episode-one-hundred-forty-seven-epicurus-and-his-philosophy-part-03-true-opinion/?postID=20498#post20498>

[Quote from Don](#)

So, my take on all this? Epicurus is making a point in the "bread and water" sayings about enjoying the simply, everyday things (like the regular midday meal of the ancient Greeks on bread and beverage) as I mentioned in my translation. However, he's also specifically refuting Plato's ideal city-state as laid out in the Republic, what Socrates calls "the luxurious city," and is making a point of contrasting the overgrown city-state that imposes so many unnecessary desires and demands on its citizens, with what nature can provide.

I found that fascinating and worth investigating.

Thank you [Don](#), and understanding this feeds back into making proper "choices and avoidances". From a modern perspective, the more luxurious tastes one has, then the more money one spends, potentially leading to credit card debt, or depleting back-up savings or retirement savings -- now with inflation being rampant, we all are probably paying a little more attention to evaluate what is necessary or not.

Also, I have been pondering the place of philosophy, and that some people might enjoy more indepth exploration, where as others (like me) prefer more simplicity and have a goal of practicality -- I "do philosophy" so that I can ponder and evaluate wise ideas for living a better life. I think that there a "levels" of intensity with regard to how to do philosophy. Some people also might enjoy holding and sifting through more details and facts than I do, and they have the mental capacity to do so. My own desire is to synthesize and summarize the pearls of Epicurean philosophy and contemplating how to apply them to real life.