

# **Episode One Hundred Forty-Five - Part 01 (Chapter 1 of Epicurus And His Philosophy)**

**Post by "Cassius" of November 2, 2022 at 8:58 PM**

Wednesday Zoom Comments:

On the issue of what book to read first, Onenski comments that A Few Days In Athens has strengths as a first book to read because it is approachable. Given that the ethics is what interests lots of people, AFDIA sort of takes that approach.

Onenski also says that in his case he first read Hiram's book as a general introduction. He would still recommend it to some audiences; today he might also recommend.

Kochie says that he has seen some Catherine Wilson videos and that he books might be a good place to start. He himself however likes the Epicurus Reader, and he likes the introduction to that which is also on the Epicurism.info website.

This is an issue I haven't thought about in a while but it's an important question - What do we tell our friends is a good book to start with if they want to know more at a very general level?