

An Epicurean Study of Aristotle's Nichomachean Ethics

Post by “Kalosyni” of October 14, 2022 at 10:23 AM

[Quote from Cassius](#)

So I guess I am saying I see the root of our attachment to life as being our love of it and our desire not to lose it. For this purpose I'm abstracting this life and any other life and giving them the benefit of the doubt that if someone loves "life" then they are open to seeing how short it is and how best to live it.

But for those who wish they had never been born or wish to cease to exist, and buy deeply into that argument, seems to me that's a much harder nut to crack.

I just posted about both getting help of a therapist and finding more meaning in life, in this thread:

Post

[Overcome Suicidal Ideation and Find Greater Meaning in Life](#)

Occasionally on this forum and on the podcasts the topic of suicide, and also choosing to end one's own life when terminally ill, etc. has come up. And I feel the need to bring up and share some "therapeutics".

Given that we believe that we only have this one life to live (no-rebirth, no second chance) this means that ending one's life is rarely ever chosen unless out of great necessity (@Cassius I know there are sources for this in Epicurean writings but can't remember off hand).

Ideally I...



Kalosyni

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