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Post by "Don" of October 1, 2022 at 6:23 PM

## [Quote from Pacatus](#)

insisted that the best translation for eudaimonia is "flourishing."

My personal preference is "well-being," playing of the literal breakdown of eu + daimon.

## [Quote from Pacatus](#)

For myself, I tend to use "happy well-being" (where I intend well-being to be the opposite of ill-being -- say, tarache and pone)

And don't forget there's the literal opposite of eudaimonia, kakodaimonia.

## [Quote from Pacatus](#)

not an (Aristotelian?) abstraction

I'd say Platonic. I was surprised in Book I of Nichomachean Ethics that Aristotle doesn't like Plato's abstract Ideal Forms. I think I know this but he's basically like "I liked Plato but I am not a fan of the Forms."

## [Quote from Pacatus](#)

I sometimes get the impression that, for the Stoics, eudaimonia reduces to a kind of self-righteous pat on the back: "Look how virtuous I have been! What a happy feeling!"]

And from which they get pleasure. LOL. It just always seems to end up with pleasure! No getting around it.