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Post by "Don" of October 1, 2022 at 4:44 PM

[Quote from Godfrey](#)

Didn't the ancients discuss "the most pleasant life" rather than happiness?

Epicureans or in general?

Happiness is the usual English translation of ευδαιμονία eudaimonia.

I've actually just started today deciding to work thru Aristotle's Nichomachean Ethics and he uses eudaimonia and makarion and they are translated happiness and supreme happiness.