

Social Media - Facebook

Post by “Kalosyni” of October 1, 2022 at 8:55 AM

This morning a song came to mind. When I was a teen I went to private singing lessons and my teacher had me practice Broadway hits. One song that stuck with me is from Oklahoma (and since back in time I had no idea of the story line from this play it has a kind of simplicity for me).

Part of the lyrics:

Oh, what a beautiful mornin'
Oh, what a beautiful day
I've got a beautiful feelin'
Everything's goin' my way

And further thoughts -- that there are so many variations of feelings, and sometimes thinking about them makes it even better!

But I would say that the consideration of happiness is very important, and any kind of furtherance of Epicureanism will depend upon how we present our ideas of happiness, what happiness is, and how to increase happiness. 😊