

# "Hero" Headers in The EpicureanFriends.com " Hero Box" on the Home Page of the Website

**Post by "Cassius" of September 17, 2022 at 8:02 AM**

Started 9/17/22:

But unless the mind be purged, what wars within, what dangers wretched mortals must endure? What piercing cares of fierce desire must tear the minds of men? And then, what anxious fears? What ruin flows from pride, from villany, from petulance? What from luxury and sloth? The man therefore that has subdued these monsters, and drove them from the mind by precept, not by force; should not this man be worthy to be numbered with the gods? Especially since of these immortal deities he has spoken nobly and at large, and by his writings has explained to us the laws of universal nature? [Lucretius Book 3, line 43 \(Brown\)](#)