

An August 2018 Example of the Ascetic View of Epicurus

Post by “Martin” of January 26, 2019 at 10:25 PM

I agree except for the golden mean. It is OK as a guidance for many things, and hedonic calculus often results in moderation. However, I attribute some of my greatest pleasures and successes, which in turn enabled further pleasures, to go full throttle into mostly beneficial obsessions for extended periods despite some pains which I incurred. I do not recall anything from Epicurus which would advocate the golden mean as a standard.