

Episode One Hundred Thirty Eight - Letter to Menoeceus 5 - Pleasure Part One

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Sadly I won't be able to make it Wednesday, but I'll add to the discussion. Metrodorus in on wealth talks about enduring pains in the present in order to avoid greater pain or gain greater pleasure in the future, from which we derive the concept of hedonic calculus. To me that sets the whole philosophy up to be a kind of psychological math problem. Which is why I like it so much, the idea that there's a formula for happiness. Just solve for x . Everyone's y might be different but x should be the same. Also from this I take that you can't eliminate pain in life so the goal should be to minimize it in a logical fashion. Accepting pains that can lead to greater pleasures and avoiding unnecessary pain. Hope this helps rather than just being a tangent.