

# Episode One Hundred Thirty-Seven - The Letter to Menoeceus 04 - On Death (Part Two)

Post by "Don" of August 29, 2022 at 10:01 AM

## [Quote from Don](#)

The purest security is that which comes from a quiet life and withdrawal from the many

I want to state that that "withdrawal from the many" doesn't necessarily need to be physical. It is also a withdrawal from the beliefs of the many. The actual word used is ἐκχωρήσεως ek-khōrēseōs which literally means to remove oneself from the chorus as in a Greek tragedy performance. "ἐκχορεύω to break out of the chorus"

PS. That to me doesn't encourage solitude or being a hermit, but breaking away from what everyone else is saying, as the chorus spoke with one voice. To me, it is the same vein as "set sail in your own little boat free from indoctrination."