

# **Episode One Hundred Thirty-Seven - The Letter to Menoeceus 04 - On Death (Part Two)**

**Post by "Cassius" of August 28, 2022 at 3:40 PM**

Lots of good show notes as we complete the section on Death. I will get this edited and postEd ASAP.

A good time to remind everybody that as Kalosyni indicates this issue has many aspects.

For those facing the emotional trauma of losing someone there is also the very well stated chapter in A few Days In Athens about the pain of losing someone.

For those who are looking to pin down the intellectual differences between Epicurus and Abrahamic religion or dealing with the issue of "would it be better to not have been born" there are the quotes that Joshua cited in the show from Sophocles and Ecclesiastes.

For both and everyone this episode is a good way to focus on the answer to the question:. When you and Epicurus both accept that you have been nonexistent for an eternity before death and will be nonexistent for an eternity after you die, do you really think that Epicurus taught that the full description of all you want out of life is to be "calm?"