

Response to Pain; Positive Thinking ? Comparision with Cynics and (modern) Stoics

Post by “Cassius” of August 23, 2022 at 6:58 AM

What? Epicurus dismisses the "majority of emotions"??? This kind of misrepresentation is why I have so little tolerance for Stoicism:

Quote

In essence, both systems dismiss the majority of emotions as arising from false beliefs that can be corrected. Both also make some allowance for emotions that arise from *true* beliefs, though here there is a difference. Epicurus suggests preserving tranquility by “redirecting” the mind away from sources of distress. The Stoics speak of a wise person who is completely serene in the face of externals, but has a lively affective response to aspects of her own character and behavior, seeing them, correctly, as good and desirable or (potentially) bad and to be avoided. For similar reasons, modern Stoics can find a role for truth-based emotions even among the non wise.