

Response to Pain; Positive Thinking ? Comparision with Cynics and (modern) Stoics

Post by “Cassius” of August 23, 2022 at 6:51 AM

Pure Ayn Rand Objectivism / Spockian Vulcanism:

Quote

But after the fact, we can review what our complicated and messy emotions are telling us about our evaluative beliefs. We can also work on our reasoning processes themselves. That, I think, is the real task for modern Stoics: not to eliminate the emotions across the board, not to shield themselves from circumstances that tend to trigger emotions, not to retrain themselves through desensitization or visualization exercises, but to purify the emotions by making them rational.

Quote

The dispassionate life and the life of reason We hear a great deal about reason in Stoic studies – and as far as I’m concerned we can hardly hear too much. It’s a much needed corrective to what’s coming at us from the surrounding culture, where appeals to reason are scarcely to be heard anymore. For Stoics, ancient and modern, reason is the most essential of all our capacities. It’s the central fact about human nature and the only thing that can make us happy.